# Tips on How to Help **YOUR TEENAGER** PLAN FOR THE FUTURE

Here are a few practical ideas to teach your teenager how to plan for the future during those lazy days of summer

## **VISIT COLLEGES AND TRADE SCHOOLS**

Knowing more about what kind of schools, degree programs, and types of college campuses your child is excited about while they are still in high school can help them make the most of their time after graduating.

### **JOB-SHADOW A PERSON IN AN INTERESTING CAREER**

Encourage your teen to ask local businesses in an industry that interests them if they could schedule time to see firsthand what is involved in a particular career.

### **VOLUNTEER IN YOUR NEIGHBORHOOD**

Community service is a great way for teens to gain valuable experiences. Nonprofit organizations always need help, be it visiting a nurs-ing home, cleaning a local playground, or serving food to the needy.

# **PRACTICE PRESENTATION SKILLS**

Public speaking skills are key! Build their confidence by

asking them to do a short presentation for the family or read aloud from their favorite essay.

# **CONSIDER THE SCHOOL YEAR AHEAD**

Brainstorm together for ways to make the upcoming school year interesting through clubs, sports, leadership opportunities, or community involvement.

With more free time and fewer academic responsibilities, summer break may be your best time to help your child research, refine, and establish the goals that can pave the way for a lifetime of success.

