

SUMMER TIME CAPSULE



You can't slow down summertime, but you can still capture it! Create a time capsule that allows you to reflect on the past school year and start thinking about the next one.

SUPPLIES

- A shoebox or other container
- Craft supplies (markers, construction paper, stickers)
- A bowl
- Salt dough (2 cups flour, 3/4 cup warm water, and 1/2 cup salt)
- A toothpick
- Tempera paint (optional)
- A camera
- A few sheets of paper
- A pen or pencil
- Newspapers or magazines



INSTRUCTIONS

To make your time capsule, decorate the outside of a shoebox using craft supplies from around the house. Once your box is done, fill it with the items below.

SALT DOUGH HANDPRINT

1

Make a batch of salt dough by mixing the flour, water, and salt together. Knead the mixture with your hands until it is smooth.

2

On a hard surface, flatten the dough into a circle that's one inch thick and eight inches wide.

3


Press your hand into the dough, leaving an impression of your handprint.

4

Use a toothpick to etch in the current year. Next, set the dough aside to dry for a couple of days. If you want, you can paint the handprint once it's done.

SCAVENGER HUNT SNAPSHOTS

With adult supervision, use the family camera or a smartphone to take pictures of:

A test or assignment you're **proud** of 



A **fun craft or activity** you did during school

Your **favorite food** 




A sport or exercise **you enjoy**

Your **best friend** 



Yourself!

 Your **favorite color**

An **outdoor place** you like to visit 



A **quote** that you identify with

A book you **read this summer** 

The Snapshot Scavenger Hunt can take a few days. Just take at least ten photos of things that reflect your personality, interests, or experiences this year. When you're done, print out the photos or have them developed.

BACK-TO-SCHOOL GOALS



Write down at least five academic goals you'd like to achieve before next summer. Some examples include:

- Join a **club**
- Create a new **exercise routine**
- Learn how to do **long division**
- **Read five books** just for fun
- **Write an article** for the student newspaper



PREDICTIONS FOR THE FUTURE



Look through a newspaper or magazine and cut out two or three stories that interest you.



On a piece of paper, write down five stories you think will be in the newspaper one year from now.



Write a paragraph about how your life will be different a year from now.



Put the salt dough handprint, photos, goal list, and newspaper clippings in the shoebox. Make sure the outside of the box displays the date to open it, which should be exactly one year from today. Ask an adult to hide the box somewhere indoors.



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ACADEMY**
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