



REWARDS

NAME: _____

DO

EARN

Make your bed	2 chips
Clean up bedroom	2 chips
Brush your teeth (x2)	2 chips
Brush your hair (x2)	2 chips
Clean up your toys	2 chips
Clear your dishes	2 chips
Ready for bed on time	2 chips
Ready for school on time (no delays!)	3 chips
Going to bed on time (no delays!)	3 chips
Using "please" and "thank you"	1 chip
Doing things for the first time	1 chip

BUY:

USE:

One Netflix episode	5 chips
Playdate at a friend's house	10 chips
Playing outside	5 chips
One hour DS or game time	5 chips
One hour of electric car outside	10 chips
Extra 5 minutes of snuggles	2 chips

DO:

LOSE:

Throwing things	4 chips + time out
Tantrum	4 chips + time out
Hitting	4 chips + time out
Arguing	2 chips
Interrupting	2 chips
Screaming	2 chips